



HOLIM'A METSI SPA

ROODEVALLEY HOTEL

HOLIM'A METSI SPA PACKAGES

HOLIM'A METSI PRICE LIST 2018

FACIAL THERAPY

Theravine Appetizer Facial	30 min	R440.00
Theravine Hydrating Facial	60 min	R620.00
Theravine Balancing Facial	60 min	R620.00
Theravine Men's Active Daily Facial	60 min	R580.00
TheravineDeluxe Anti-Aging Facial	90 min	R900.00
Vitaderm Express Facial Treatment	45 min	R320.00
Vitaderm Aromic Facial Treatment	60 min	R430.00
Vita Hydro-Intensive Treatment	90 min	R640.00
Eyebrow Tint	30 min	R110.00
Lash Tint	30 min	R110.00
Eyebrow Shape	15 min	R70.00

MASSAGES

Holim'a Metsi Signature Treatment	90 min	R790.00
Classic Swedish Massage	60 min	R670.00
Relaxing Pinotage Massage	60 min	R620.00
Sports Massage	45 min	R610.00
Lilian Terry Massage	60 min	R610.00
Balinese Hot Stone Massage	60 min	R760.00
Balinese Hot Stone Back, Neck & Shoulder Massage	45 min	R540.00
Back, Neck & Shoulder	30 min	R480.00
Back, Neck & Shoulder	45 min	R540.00
Indian Head Massage	30 min	R330.00

BODY THERAPY

Grapeseed Body Exfoliation	30 min	R420.00
Pinotage Lime Salt Glow	30 min	R420.00
Purifying Body Clay Wrap	60 min	R610.00
Relaxing Body Cream Wrap	60 min	R730.00
Hair & Scalp Treatment	30 min	R420.00
Back Treatment	45 min	R420.00
Volcanic Ash Compres Treatment	60 min	R400.00
Chocolate Chilli Back Masque Treatment	60 min	R360.00
Black Silt Back Massage/Masque	60 min	R420.00
Hydra Wrap/ Wax Massage Treatment	60 min	R420.00
Cellulite Treatment Course (x10 30 min sessions)	30 min	R220.00

HANDS & FEET

Oriental Pedicure	75 min	R410.00
Oriental Manicure	75 min	R410.00
Express Pedicure	45 min	R310.00
Express Manicure	45 min	R310.00
Buff & Paint Only	30 min	R110.00
Reflexology	30 min	R430.00
Reflexology	60 min	R590.00
Foot & Leg Massage	30 min	R220.00
Pariffin Wax Treatment	30 min	R310.00

WAXING

Eyebrows	15 min	R120.00
Upper Lip	15 min	R120.00
Chin	20 min	R130.00
Face	45 min	R250.00
Underarm	30 min	R180.00
Half Arm	30min	R180.00
Full Arm	60 min	R280.00
3/4 Leg	45 min	E300.00
Full Leg	60 min	R340.00
Bikini	30 min	R200.00
Brazilian	45 min	R270.00
Hollywood	75 min	R320.00
Chest	30 min	R210.00
Stomach	30 min	R170.00
Upper Back	30 min	R170.00
Lower Back	30 min	R170.00
Full Back	60 min	R320.00



ROODEVALLEY BREAK-AWAY

Half day spa experience:

R3650,00 per person

or

R6010,00 per couple

Package includes:

- 2 hour of spa treatments
- 2x night standard room accommodation
- A delicious lunch
- 2x breakfast
- 2x dinner

Full day spa experience:

R4125,00 per person

or

R6955,00 per couple

Package includes:

- 2 hour of spa treatments
- 2x night standard room accommodation
- A delicious lunch
- 2x breakfast
- 2x dinner

Our Roodevalley Break-Away enables you to use our facilities for a half or full day, with treatments in between with two nights standard room accommodation, lunch, breakfast and dinner. Choose to add a 60 min standard facial OR hand and foot massage treatment for the full day experience:

Choose one of the following options:

Treatments:

Theravine Facial 60 min
Not only relaxing but improves blood circulation in the skin.

Grapefruit and Thyme Full Body Massage 60 min
Grapefruit and thyme fragranced butter relieves tension and knots in muscles.



SUNBIRD PACKAGE

Half day spa experience:

R2200,00 per person

or

R3750,00 per couple

Package includes:

- 2 hour of spa treatments
- 1x night standard room accommodation
- A delious lunch
- 1x breakfast
- 1x dinner

Full day spa experience:

R2750,00 per person

or

R4850,00 per couple

Package includes:

- 2 hour of spa treatments
- 1x night standard room accommodation
- A delious lunch
- 1x breakfast
- 1x dinner



GREY HERON BLISS PACKAGE

Half day spa experience:

R1100,00 per person

or

R2200,00 per couple

Package includes:

2 hour of spa treatments

A delious lunch

Full day spa experience:

R1650,00 per person

or

R3220,00 per couple

Package includes:

2 hour of spa treatments

A delious lunch



SUGARBIRD HAVEN PACKAGES

Half day spa experience:

R1250,00 per person

or

R2500,00 per couple

Package includes:

2 hour of spa treatments

A delious lunch

Full day spa experience:

R2750,00 per person

or

R4850,00 per couple

Package includes:

2 hour of spa treatments

A delious lunch

A photograph of a spa treatment room. In the foreground, a massage table is covered with a white towel, and a red blanket is draped over the side. In the background, another massage table is visible, also covered with a white towel and a red blanket. Two large, patterned pillows with a dark red and white floral design are placed on the tables. The room has a clean, minimalist aesthetic with light-colored walls.

MID-WEEK WEAVER BREAKAWAY

Half day spa experience:

R890,00 per person

or

R1780,00 per couple

Package includes:

2 hour of spa treatments

A delious lunch

Full day spa experience:

R1650,00 per person

or

R3220,00 per couple

Package includes:

2 hour of spa treatments

A delious lunch